

# Elisa Gasparin

<b>Lives in</b>	Lantsch / Lenz (GR)
<b>Date of birth</b>	2 December 1991
<b>Squad</b>	Swiss-Ski A squad, biathlon
<b>Career</b>	1998 - 2004 Pontresina primary school 2004 - 2007 Pontresina secondary school 2007 - 2011 Commercial school, Academia Engiadina, Samedan Since 2010 World Cup biathlete 2013 Fitness instructor Migros Club School 2013 - 2014 Fitness instructor, Gut-Training St. Moritz Since 2014 Sports instructor at the Federal Office for Customs and Border Security (FOCBS)
<b>Free time</b>	Horse riding, ski touring, drawing, climbing
<b>Languages</b>	German, Italian, Romansh, English, French
<b>Ski club</b>	SC Garde- Frontière, Bual Lantsch cross-country ski club
<b>Homepage</b>	<a href="http://www.gasparin.ch">www.gasparin.ch</a>
<b>Facebook</b>	<a href="https://www.facebook.com/www.gasparin.ch">https://www.facebook.com/www.gasparin.ch</a>
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## Biography

I grew up in Pontresina and have been skiing ever since I was able to walk. It used to be just for fun, but when I discovered biathlon, I became ambitious and started training when I was 12 years old.

Since my sport occupied a lot of my time and school also became more and more difficult, I had to put my hobbies like artistic gymnastics, playing the piano, riding and dancing to one side or even give them up completely.

After finishing school, I concentrated entirely on sport in order to participate in the 2014 Olympics in Sochi, which I successfully achieved. My Olympic diploma, as the first Swiss biathlete, was the result of years of work.

I suffered a setback in 2015. Overtraining forced me to take a break and abandon the 2015/2016 season. It took me two years to fight my way back to the top and achieve two Olympic diplomas in PyeongChang 2018 (single and relay).

I prioritised my sport over everything else and I trained very professionally and seriously to accomplish this. Now I have reached a point where I can build on this to achieve great things. Together with my teammates, I achieved this in the mixed



relay in Pokljuka, Slovenia, achieving the first place on the podium for Switzerland. One year later, in the 19/20 season, I was able to take the podium three times with my sisters Selina and Aita and anchor skier Lena Häcki. We are proud to have written Swiss biathlon history and are working hard to achieve further milestones. In 2021, I achieved my best performances of the year at the World Championships and finished solidly in the top 30 in every competition.

The 22/23 season was one of the most successful for the Swiss team. Almost all athletes achieved one of the best personal rankings in the overall World Cup, which makes me very happy and motivates us for the next two years, because for the first time in Swiss biathlon history a World Cup and a World Championships will take place in Lenzerheide. I finished the 22/23 season in 26th place in the overall World Cup.

# Achievements

## Best achievements

### Olympic Winter Games

2 editions: Sochi 2014/PyeongChang 2018

- 8th place sprint (Sochi 2014)
- 8th place relay (Sochi 2014)
- 6th place relay (PyeongChang 2018)
- 8th place individual (PyeongChang 2018)
- 27th place mass start (PyeongChang 2018)

### World Cup

- 14th place mass start (Khanty Mansiysk 2015)
- 2nd place mixed relay (Pokljuka 2018)
- 8th place sprint (Antholz 2018)
- 11th place individual (Canmore 2019)
- 2nd place women's relay (Östersund 2019)
- 3rd place women's relay (Hochfilzen 2019)
- 3rd place women's relay (Ruhpolding 2020)
- 14th place individual (Kontiolahti 2022)
- 14th place sprint (Nove Mesto 2023)

### World Championships

8 editions:

Khanty Mansiysk 2011/Ruhpolding 2012/Nové Město 2013/Kontiolahti 2015/Hochfilzen 2017/Östersund 2019/Antholz 2020/Pokljuka 2021

- 10th place mixed relay (Ruhpolding 2012)
- 13th place relay (Nové Město 13 + Hochfilzen 17)
- 13th place sprint (Kontiolahti 2015)
- 15th place pursuit (Kontiolahti 2015)
- 19th place individual (Östersund 2019)
- 16th place pursuit (Antholz 2020)
- 19th place individual (Pokljuka 2021)

### Junior World Championships

- 7th place individual (Nové Město 2011)
- 7th place individual (Kontiolahti 2012)
- 9th place sprint (Kontiolahti 2011)
- 16th place pursuit (Kontiolahti 2011)